Soc. Agr. CASALE POLEGRI s.s.
FARM, WINERY AND COOKING SCHOOL
FarmerChef Lorenzo Polegri

Present:

WEEK AT THE FARM
(TUSCIA, UMBRIA AND TUSCANY)

…Discovering the most enchanting treasures of this beautiful area….

(the Duomo of Orveto)

Day 1 – Fiumicino/ Baschi

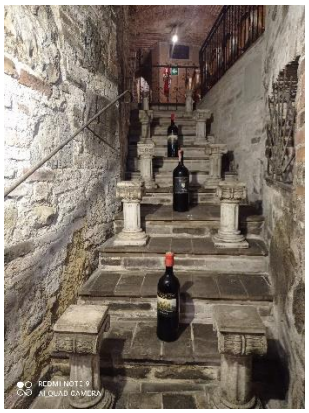
Arrival at Fiumicino Airport FCO – (morning) and transfer to Baschi

1 pm	Light lunch at the Farm
4:30 pm/6:00 pm	**Orvieto – Guided tour of the medieval town.** *Orvieto's origins go back to the Etruscan civilization. The Romans took hold of the city, changing its name to "Urbs Vetus". Its wealth and power reached the peak in the Medieval times when it became part of the Papal States.*
6:00 pm/7:30 pm	Orvieto - free time
8:00 pm	Dinner in Orvieto

Night in Baschi

Day 2 – Tuscany (Montepulciano/ Montalcino)

8:00 am	Breakfast in Baschi
10:30 am/12:00 pm	**Workshop at Cantina Ercolani, visit to the Città Sotterranea and cellar. Wine tasting of 5 of the best Nobile di Montepulciano wines!**
12:30 pm/2:00 pm	**Pic Nic at Cugusi, the best Pecorino cheese producer in Italy**
3:30 pm/5:30 pm	**Workshop at Cantina Prime Donne and tasting of the excellent Brunello di Montalcino**
7:30 pm	Dinner at Trattoria Cardeto in Baschi



(Cantina Ercolani)

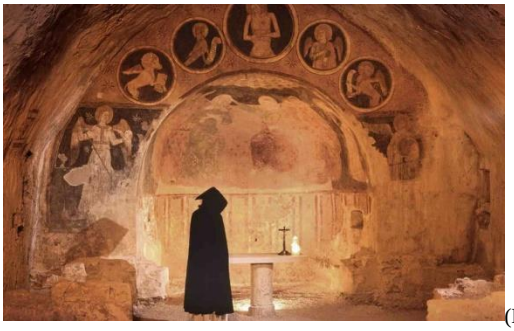
(Cantina Prime Donne)

Day 3 – Baschi and Narni

7:00 am	Breakfast in Baschi
8:00 am/10:00 am	**Visit to the farmers' market in Orvieto, tasting food and shopping for our cooking class!!!**
10:30 am/12:30 pm	**Cooking Class at Casale Polegri and lunch.**

(Orvieto, the Farmers' Market and Cooking class at the Farm and)

2.00 pm/4:00 pm **Visit to Narni Underground and its fascinating mysteries**. *The Visit to Narni Underground is one of the most intensive and suggestive experiences to live inside the territory of Narni; a guided tour of one hour and half, for adults, children and schools, inside of hypogeous places discovered under the former convent of San Domenico in Narni.*


(Narni Underground)

5:00 pm / 7:30 pm Free time in Orvieto for shopping
7:30 pm Dinner in Canonica
Night in Baschi

Day 4 – Bolsena, the lake and Bunker Soratte

8:00 am Breakfast in Baschi
10:30 am/12:00 pm **Tour of Bolsena and its lake, the largest volcanic lake in Europe!** If the weather is good we'll be sailing! The origins of Bolsena date back to the 3rd century BC when the area was populated by the Ethruscans who fled the destruction of Velzna (Orvieto), the fugitives founded the town, giving it the same name
1 pm/2:30 pm Lunch with a view to the lake of Bolsena
4:00 pm/7:00 pm **Guided tour of the 2WW bunker Soratte, an underground town and its secrets!**
7.30 pm Dinner in Castiglione
Night in Baschi

(Lake of Bolsena)

(Bunker Soratte)

Day 5 – Chocolate experience

7:30 am Breakfast at the best Bakery in Baschi
9:45 am/12:00 pm **Chocolate hands-on class with Max, the Master Chocolatier!**
1:00 pm/2:30 pm **Workshop and lunch at Flea brewery**
3:00 pm/5:00pm **Visit to Vannucci, the famous Italian Chocolate factory**
7:00 pm Dinner at Casanova Farm

Night in Baschi

(Vannucci Chocolate Factory)

(Flea, the Brewery)

(Chocolate class with Max!)

Day 6– Montefiascone and Bomarzo

8:30 am Breakfast in Baschi

11:00 am/2:00 pm **Workshop at Buffalo Cheese Factory and tasting the best buffalo mozzarella cheese in central Italy!**

3:00 pm/5:00pm **Visit to Bomarzo and its Monsters' Park!**

7:00 pm Dinner at Cantina di Arianna in Civita di Bagnoregio, the dying town!

Night in Baschi

(The Buffalos)

(Bomarzo, the Monster's Park)

(Civita di Bagnoregio)

Day 7 – Montegiove and Baschi

8:30 am Breakfast in Baschi

10:00 am/12:00 am **Workshop at Montegiove Castle, Winery and Chianina Cow Farm.** *Since taking over the reins of the castle and estate, Lorenzo Misciattelli Mocenigo Soranzo the owner of the Castle, has aspired to cultivate the vineyards like his ancestors, which is the first step to creating the excellent wines the estate produces today. During* the tour *at Castello di Montegiove you will see a part of the castle, discover the ancient cellars from 1500 and listen to the spellbinding anecdotes that have coloured the history of the castle during its fascinating past. You will also see the chapel dedicated to Beata Angelina, founder of a community of nuns belonging to the Franciscan Third Order. The visit concludes in the Enoteca with a tasting of the wines produced in the Castle together with a small selection of locally made cheese, salame and bread*

(Monte Giove

1:00 pm Lunch
5:00 pm/7:00 pm **Cooking Class at Casale Polegri**
7:00 pm Farewell dinner at Casale Polegri with Diploma ceremony
Night in Baschi

Day 8 – Transfer to Fiumicino Airport

Morning transfer to Fiumicino Airport
See y'all soon!!! Buon Viaggio!!! Ciao ciao!!! Till the next trip to…..